

Professional Disclosure Statement
Sarah Cambridge, Masters-Level Clinician
Birchwood Behavioral Health
1600 O'Malley Road, Anchorage, Alaska 99507
(907) 342-2222 x211

Education, Training, and Experience

I obtained my Masters degree in Psychology in 2015 from the American Public University. I am currently pursuing licensure as a Licensed Professional Counselor (LPC) through the state of Alaska. I have completed training in Eye Movement Desensitization and Reprocessing (EMDR), Trauma Focused-Cognitive Behavioral Therapy (TF-CBT), and EMDR with Children. I have experience working with families, children, teens, and adults. I have worked at Birchwood Behavioral Health since 2016.

Supervised Practice

As part of Alaska standard licensing process, my counseling services are under the supervision of Linda King, LPC, MFT #230. Linda King will be consulting and providing feedback on sessions to ensure that quality of care is being provided. If you would prefer not having your sessions reviewed, I will assist you in finding another clinician to work with in the local community.

Areas of Specialization and Services Available

Birchwood Behavioral Health welcomes all populations. Individual and family therapy are available. Treatment modality is based on the needs of the client. EMDR, Play Therapy, Client-Centered Therapy, Solution Focused Therapy are some of the treatments that can be used. I work with clients struggling with depression, attachment issues, trauma, and most basic mental health issues.

Fees

All fees are determined by Birchwood Behavioral Health. For more information about fees, insurance, and cancellation policies, see refer to Birchwood Behavioral Health Informed Consent forms.

Client/Guardian signature _____

Date _____

This information is required by the Board of Professional Counselors which regulates all licensed professional counselors: Board of Professional Counselors Division of Corporations, Business & Professional Licensing P.O. Box 110806 Juneau, AK 99811-0806 Phone: (907) 465-2551.