

Professional Disclosure Statement
Brittany Kuka, LPC
Birchwood Behavioral Health
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Education, Training, and Experience

I received my Master's Degree in Clinical Psychology and a Graduate Certificate in Children's Mental Health from the University of Alaska Anchorage. I became a Licensed Professional Counselor in the State of Alaska in 2017. Alaska requires continuing education credits in the field prior to license renewal. Extra training has been done in Motivational Interviewing, TF-CBT (Trauma Focused-Cognitive Behavioral Therapy), EMDR (Eye Movement Desensitization and Reprocessing), and EMDR with Military and Veterans. I have experience with adults, teens, families, and young children. I have worked at Birchwood Behavioral Health since 2015.

Areas of Specialization and Services Available

Birchwood outpatient services welcomes all populations. Individual, family, and group therapy is available. Treatment modality is based on the needs of the client. Rogerian Therapy, Cognitive Behavioral Therapy, TF-CBT, Motivational Interviewing, EMDR, Dialectical Behavior Therapy, and Solution Focused Therapy are some treatments utilized. I treat anxiety, depression, attachment issues, trauma, transition issues, families, and most basic mental health issues.

Fees

All fees are determined by Birchwood Behavioral Health. For more information about fees, insurance, and cancellation policies, see Birchwood Behavioral Health's Informed Consent.

This information is required by the Board of Professional Counselors which regulates all licensed professional counselors: Board of Professional Counselors Division of Corporations, Business & Professional Licensing P.O. Box 110806 Juneau, AK 99811-0806 Phone: (907) 465-2551.